September Newsletter

Health Services Naperville District 203



Greetings from Naperville 203 Health Services.

As we start this school year in a very different way, we wanted to reach out to families and give a little information about health services in the district.

Each school has a Health Office that is staffed with at least one Health Technician and one Certified School Nurse. Depending on the size and needs of each school, there may be additional staff working in the office such as classroom nurses and additional health technicians or certified school nurses.

The Health Staff is there to help support your children's health so they can be successful at school. Even though we are currently in the e-learning stage, please reach out to your School's Nurse with any questions or concerns regarding your child's health.

Important Dates

October 15

All Physicals and Immunizations are due for EC, Kindergarten, 6th graders and 9th Graders

May 17

Kindergarten, 2nd, 6th and 9th Grade Dental Exams Due

Physicals and Immunizations:

All entering EC, Kindergarten, 6th grade and 9th grade students or if you are transferring into the district from out of state are required to have a current physical and the required immunizations. These forms can be dropped off, faxed, or emailed to your child's school. Please check with your school's health office for details.

Medication Forms and Medication

To help us be prepared to care for your students when we are able to have in-person learning, please work with your Doctor to complete the necessary forms if your child takes medication at school. You can again drop off, fax, or email the forms to your schools. Please do not drop off medications until your child starts in-person learning.

Links to Forms:

<u>Physical Exam and Immunization</u> Requirements

Medication Forms

Importance of physicals/Immunizations

COVID-19

What families can do during E-Learning:

It is important that students and families remain healthy during our time of e-learning. The links on the right are presentations that were shared with teachers for students.

These presentations emphasize the 3-W: <u>Wear a mask</u>, <u>Wash your Hands</u>, <u>Watch your distance (social distance of 6ft)</u>. It is important that we continue to reinforce these safety measures with the students.

Signs/Symptoms and Absence Reporting:

It is important to continue to monitor for the following symptoms in yourself and those in your household. The following are symptoms of COVID-19.

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatique
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

To help ensure all students coming into schools are healthy, please complete the <u>Student Self Certification</u> Form and return it to your school.

It is important if you or anyone in your household experiences symptoms you:

- 1. Follow up with your doctor
- 2. Stay home and away from other people until your doctor or health provider gives you further instructions.

If your child is experiencing symptoms or is diagnosed with COVID19 and you call your child in absent please make sure you share this information with your school.



Resources

Student Presentations

EC-2nd Grade

3rd-5th Grade

6th-12th Grade

Additional Information

COVID-19 Resources

Meal Assistance

Family Resources